

Solheim Cougar Tracks

Merry Christmas and Happy Holidays!

December Newsletter 2023

OPEN YOUR HEART

Open Your Heart Campaign

Help us give local families a hand-up this Christmas season by donating one or two **canned or packaged non-perishable food items** at your school.

Below is a list of the most-needed items:

Canned vegetables, Cereal, Pancake mix, Cake mix, Pasta, Ketchup, Mustard, Ranch, Peanut butter, Jelly, Flour, Rice, Sugar, Syrup
(no out-of-date items, no glass containers and no damaged



Toasty Toes

Solheim Elementary 1st grade invites all Students, Parents, and Staff to join in the spirit of giving through the "Toasty Toes" project.

Please bring NEW SOCKS to Solheim School starting December 4th- December 15th to adorn the Christmas tree in front of the library. All sizes of socks, infants through adults, are appreciated. There will be a special box located by the Christmas tree where socks



5th Grade Music Program

The Solheim 5th Graders will be performing "Jingle Bell Jukebox: The A-side" on Thursday, December 14th at 7:00 pm in the Solheim Gym. The front doors will open at 6:30, students need to report to their classroom teacher by 6:45.

Due to the number of students and our school gym capacity, we ask that each 5th grade student try and limit their guests to parents and siblings. Thank you for your cooperation.

items please)

Thank you for making
Christmas a little brighter for
our neighbors!

**Volunteer Opportunities for
students and families**

December 19th (between 6:30
p.m. - 9:00 p.m. - food tote
packing)

December 20th (between 3:00
p.m. - 9:00 p.m. - delivery of
totes)

for more information:

<https://americanlegionbismarck.org/>

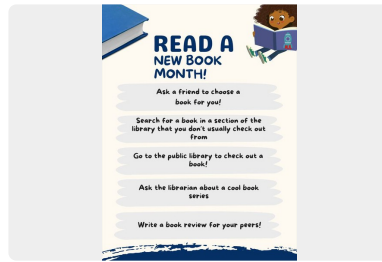
will be donated. During the day,
first grade classes will count
the socks and decorate the
tree. It is so exciting for
everyone to see the number of
socks grow and grow on our
tree. Last year over 2,000 pairs
of socks were donated!! Will
we be able to break last year's
record?

NEW socks are donated to the
Salvation Army for distribution
during the Salvation Army
CHRISTMAS JOY SHOP
starting December 18th-20th.

Join in the fun during this
season of giving by bringing
NEW SOCKS to the school
office by December 15th.

Best Wishes for a Peace-filled
and Joyous Holiday Season!

 Lunch Menu December 2023				
MON.	TUES.	WED.	THURS.	FRI.
27 Cheese Quesadilla Brunch 4 Lunch	28 Chicken Alfredo Chips & Hummus	29 Hamburger Pizza Pack	30 Chicken Ranch Wrap Sun Butter & Jelly	1 Grilled Cheese & Tomato Soup Brunch 4 Lunch
4 Hot Dog Brunch 4 Lunch	5 Taco in a Bag Chips & Hummus	6 Chicken Tenders Pizza Pack	7 Turkey & Gravy Sun Butter & Jelly 	8 Macaroni & Cheese Brunch 4 Lunch
11 Breaded Chicken Patty Brunch 4 Lunch	12 Pasta w/ Spaghetti Sauce Chips & Hummus	13 Corn Dog Pizza Pack	14 Sweet & Sour Chicken Sun Butter & Jelly	15 Pepperoni Pizza Brunch 4 Lunch 
18 Chicken Nuggets Brunch 4 Lunch	19 Chili Chips & Hummus	20 Pancakes Pizza Pack	21 Taco Salad Sun Butter & Jelly	22 Cheesy Bread Sticks Brunch 4 Lunch
25 	26 	27	28	29
WINTER BREAK SCHOOL RESUMES TUESDAY, JAN. 2ND				



Library News

Welcome to the literary celebration known as "Read a New Book Month". This month-long adventure encourages families to explore the magic of fresh narratives, inviting parents to share the joy of storytelling with their children. Whether it's diving into the pages of a beloved classic or unearthing the hidden treasures of contemporary tales, Read a New Book Month sparks the imagination and fosters a love for reading within the family unit. So, gather around, flip open those pages, and let the enchanting tales transport both young and old into the realms of imagination and knowledge. After all, there's no better way to create lasting memories than by turning the pages of a brand-new adventure together.

(insert attached image here?)

Social Media Tips: Many of our students are at an age when they have cellphones and are exploring social media. This can be a challenging time full of a lot of pressure and influence, and children need a lot of support to be able to navigate the digital world. Please having conversations with your children about these digital tools and digital bullying. Here are some tips and tools to help guide you!

[Family Discussion Guide](#)

[Information About Instagram](#)

[Information About Snapchat](#)

Mrs. Holkup

Library Media Specialist



Dream Catcher Make & Take Event



Holiday Greetings!

Merry Christmas & a Happy New Year!

Thank You, Families!

Thank you to all those who are participating in this years Solheim Giving Tree families for their many contributions 🌲 ~ Solheim PTO



Smore

Beautiful class updates in a snap

